

Menu and More

TRADITIONAL MENU

APRIL 2023

National Volunteer Month

April is National Volunteer Month. Please take a moment to thank the volunteers who deliver your meals. Meals on Wheels Rowan would not be able to serve our county without the 1,000 plus volunteers who help our program operate smoothly. Each volunteer donates of their time, energy, and gas to serve this community.
Let's share a big THANK YOU to them!

Ruffy-Holmes Senior Center

Ruffy-Holmes Senior Center, one of our partners in Rowan County, provides various services to our community's seniors.

Free Income Tax Service

Ruffy-Holmes Senior Center offers free basic tax return preparations on Wednesdays and Thursdays by appointment only.

Call 704-216-7714 to make an appointment.

Need a ride to your tax appointment?

Ruffy-Holmes will arrange for free transportation to and from the appointment.

CARS Transportation

CARS provide safe, convenient rides to older adults. They will provide transportation to doctor's appointments, banks, grocery store, hair salons, and the Senior Center.

You must call Ruffy-Holmes Senior Center to register 704-216-7174.

Rides are provided weekdays between 8:30 am- 6:00 pm.

To learn more about Ruffy-Holmes Senior Center and the services they provide visit their website at ruffyholmes.org or visit their location:

1120 South Martin Luther King Jr Ave. Salisbury NC 28144

contact us!

704-633-0352
info@mowrowan.org
www.mowrowan.org

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