

# April 2023 – Traditional Menu

Mon	Tue	Wed	Thu	Fri
<b>3</b> Grilled Chicken Breast Green Beans Cheesy Potatoes Marinated Tomatoes Fruit Vanilla Cake Square	<b>4</b> Baked Spaghetti Lima Beans Baked Okra Broccoli Cauliflower Salad Fruit Spinach Salad	<b>5</b> Glazed Ham Vegetable Medley Green Peas Special Potato Salad Fruit AppleSauce	<b>6</b> Meatloaf Mashed Potatoes w/ Gravy Carrots Sliced Cucumbers Fruit Roll	<b>7</b> <div style="text-align: center;">  <b>CLOSED</b>            For  <b>GOOD</b>  <b>FRIDAY</b>              No Meal Delivery         </div>
<b>10</b> Chicken Ranch Casserole Corn Steamed Zucchini Fruit Macaroni Salad Roll	<b>11</b> Fish w/ Lemon Sauce over Rice Yellow Squash Spinach Applesauce Fruit Yellow Cake Square	<b>12</b> Chicken Pan Pie Harvest Beets Broccoli Coleslaw Diced Pears Fruit Gelatin w/ Peaches	<b>13</b> Cheesy Beef & Mac Casserole Corn Green Beans Tossed Salad Congealed Salad with Pineapple Fruit	<b>14</b> Sliced Ham w/ Glaze Black-Eyed Peas Warm Potato Salad Fruit Watergate Salad Roll
<b>17</b> Lemon Pepper Chicken Vegetable Medley Collard Greens Pineapple Tidbits Fruit Roll	<b>18</b> Chopped Steak w/ Gravy Oven Browned Potatoes Green Beans Fruit Tropical Fruit Whip Roll	<b>19</b> Chicken Salad on lettuce Hawaiian Pasta Salad Cole Slaw Black Bean Salad Cucumber Salad Fruit	<b>20</b> Pinto Beans Collard Greens Carrots Cinnamon Apples Fruit Cornbread	<b>21</b> Sloppy Joe Squash & Zucchini Ranch Potatoes Sweet & Sour Coleslaw Fruit Bun
<b>24</b> Smothered Hamburger Patty Turnip Greens Mashed Potatoes Three Bean Salad Fruit Fancy Salad	<b>25</b> Cuban Chicken Corn Green Beans Beet Salad Fruit Yellow Cake Square	<b>26</b> Stuffed Peppers w/ Red Sauce Lima Beans Carrots Pasta Salad Tropical Salad Fruit	<b>27</b> Pulled Pork BBQ Baked Beans Collard Greens Sweet & Sour Coleslaw Fruit Bun	<b>28</b> Sweet & Sour Chicken over Rice Green Peas Carrots Hawaiian Pasta Salad Fruit Chocolate Cake
			<u><a href="#">Meat Substitute Meal</a></u> Chopped Steak Carrots Cabbage Cornbread Fruit Congealed Salad	<u><a href="#">Veggie Substitute Meal</a></u> Pinto Beans Carrots Cabbage Cornbread Fruit Congealed Salad