

# April 2019 Menu

Mon	Tue	Wed	Thu	Fri
<b>1</b> Salisbury Steak w/ Mushroom Gravy Rice Lima Beans Mini Yeast Roll Fruit Cocktail Apple Crisp	<b>2</b> Boneless BBQ Pork Ribs Corn Black-Eyed Peas Mini Yeast Roll Sliced Apples Mandarin Oranges	<b>3</b> Steakburger Mashed Potatoes Mixed Vegetables Orange Slices Applesauce 2 Oatmeal Cookies	<b>4</b> Sliced Turkey w/ Dressing Green Beans Beets Cranberry Sauce Pears	<b>5</b> Lightly Breaded Chicken Tenders Rice Sautéed Zucchini Sliced Peaches Seedless Grapes 2 Sugar Cookies
<b>8</b> Baked Spaghetti Green Peas Texas Toast Tossed Salad w/ Tomatoes/Cucumbers Orange Slices Ranch Dressing	<b>9</b> Grilled Boneless Chicken Breast Field Peas w/ Snaps Corn Roma Tomatoes Sliced Pears 2 Coconut Cookies	<b>10</b> Macaroni & Cheese Pinto Beans Spinach Skillet Cornbread Mandarin Oranges Apple Salad w/ Raisins	<b>11</b> Chicken Pot Pie Stewed Tomatoes Peas & Carrots Honeydew Melon Strawberries Red Velvet Cupcake	<b>12</b> Pulled Pork BBQ Tater Tots Baked Beans Bun Coleslaw Fruit Cocktail
<b>15</b> Sliced Ham W. Pineapple Sweet Potatoes Vegetable Trio Mini Yeast Roll Orange Jell-O	<b>16</b> Scrambled Eggs Bacon Hash Brown Potatoes Buttermilk Biscuit/Butter Pat Sliced Peaches Orange Slices	<b>17</b> Sloppy Joe Tater Tots Apple Crisp Bun Coleslaw Mandarin Oranges	<b>18</b> Fried Chicken Mashed Potatoes Green Beans Lemon Jell-O Deviled Egg Banana Pudding	<b>19</b>  <b>CLOSED</b> For <b>GOOD FRIDAY</b>
<b>22</b> Grilled Boneless Chicken Breast Broccoli & Rice Casserole Stewed Tomatoes Mini Yeast Roll Waldorf Salad Sliced Peaches	<b>23</b> Steakburger Baked Beans Tater Tots Bun/Mustard/Ketchup Lettuce & Tomato Slice Mixed Fruit	<b>24</b> Beef Pot Roast Red Bliss Potatoes Steamed Broccoli Mini Yeast Roll Roma Tomatoes Mandarin Oranges	<b>25</b> Chicken & Dumplings Green Beans Roasted Sweet Potatoes Seedless Grapes Diced Mango 2 Oatmeal Cookies	<b>26</b> Roast Chicken (Leg & Thigh)) Collard Greens Mashed Potatoes Pineapple Tidbits Blueberry Pie
<b>29</b> Lightly Breaded Fish Fillet Stir-Fried Squash Skillet Cornbread Coleslaw Mandarin Oranges Cantaloupe	<b>30</b> Meatloaf Lima Beans Roasted Potatoes Mini Yeast Roll Roma Tomatoes Sliced Peaches		<u>MEAT SUBSTITUTE MEAL</u> Grilled Chicken Mashed Potatoes Lima Beans Mini Yeast Roll Mandarin Oranges Applesauce	<u>VEGETABLE SUBSTITUTE MEAL</u> Mac & Cheese Steamed Carrots Green Beans Mini Yeast Roll Mandarin Oranges Applesauce

2% Milk will be served with all meals. You may order the Meat Plate or Vegetable Plate Substitute Meal option in place of what's offered on the menu.

All substitute meal orders and cancellations must be received by noon, one business day before needed, by calling the Meals on Wheels office at 704-633-0352.

Menu is subject to change without notice.