



August 2020 Menu

Mon	Tue	Wed	Thu	Fri
3 Roasted Chicken w/ Rice Okra & Tomatoes Corn Roll Pineapple Orange	4 Baked Spaghetti Lima Beans Cabbage Roll Applesauce Juice	5 Sliced Pork w/ Gravy & Egg Noodles Green Beans Parsley Potatoes Roll Diced Peaches Fig Bar	6 Sante Fe Chicken Black Beans Corn Roll Mandarin Oranges Juice	7 Beef Patty w/ Gravy Broccoli Red Skin Mashed Potatoes Roll Fruit Cocktail Orange
10 Meatloaf w/ Pasta Green Peas Corn Roll Pears Applesauce	11 Teriyaki Chicken Broccoli Carrots Biscuit Pineapple Fresh Fruit	12 Beef Patty w/ Gravy Green Beans Okra & Tomatoes Roll Mandarin Oranges Juice	13 BBQ Pork Riblet Broccoli Stewed Apples Diced Peaches Fresh Fruit Cookie	14 Roasted Chicken Black Beans Corn Roll Applesauce Juice
17 Grilled Chicken Breast Herbed Potatoes Carrots Roll Black Bean & Corn Salad Chocolate Pudding	18 Meatloaf w/ Tomato Sauce Stewed Tomatoes Green Beans Whole Wheat Roll Fruit Cocktail Grapes	19 Chicken & Rice Casserole Broccoli Corn Fresh Fruit Cottage Cheese Yellow Cake	20 Ham w/ Pineapple Sweet Potatoes Mediterranean Green Beans Roll Melon Cubes Pineapple Tidbits	21 Hamburger Patty Potato Cake Steamed Squash Bun Lettuce/Tomato Slice/Pickle Broccoli Salad
24 Chicken Strips California Veggie Blend Spinach Honey Mustard Dipping Sauce Macaroni Salad Fresh Fruit	25 Sloppy Joes Baked Beans Hot Fruit Crisp Bun Dill Pickle/Tomato Slice Coleslaw	26 Stuffed Baked Potato Chili Broccoli Shredded Cheese Applesauce Fresh Fruit	27 Chicken & Dumplings Carrots Green Peas Fruited Jell-O Fresh Fruit Cookie	28 Salisbury Steak w/ Gravy Rice Mixed Vegetables Roll Melon Cubes Fresh Fruit
31 Chicken Filet Oven Roasted Potatoes Hot Fruit Crisp Bun Lettuce/Tomato Slice/Pickle Carrot Raisin Salad	<p>On Monday, August 17th, we will begin delivering chilled meals Monday and Thursday of each week. Please call our office at 704-633-0352 by Noon the day before if you will not be home to receive your meals.</p> <p>**Days highlighted in yellow are days you need to be home to receive your meals.**</p> <p>There will be NO SUBSTITUTE MEALS available.</p>			