

# August 2022 – Traditional Menu

Mon	Tue	Wed	Thu	Fri
<b>1</b> Lemon Pepper Chicken Penne Noodles Garden Vegetable Blend Wheat Bread Pineapple Tidbits Confetti Coleslaw	<b>2</b> Swiss Steak Egg Noodles Green Beans Texas Bread Mandarin Oranges Tossed Salad w/ Italian Dressing	<b>3</b> Honey Mustard Chicken Buttered Rice Green Peas Whole Grain Roll Diced Peaches Marinated Vegetable Salad	<b>4</b> Sliced Turkey Breast w/ Turkey Gravy Whipped Potatoes Whole Kernel Corn Wheat Bread Chocolate Chip Cookie Diced Pears	<b>5</b> Bow Tie Lasagna Glazed Carrots Mixed Vegetables Whole Grain Roll Cinnamon Applesauce Broccoli Raisin Salad
<b>8</b> Pork Roast w/ Brown Gravy Egg Noodles Broccoli Whole Grain Roll Sugar Cookie Diced Peaches	<b>9</b> Taco Meat Brown Rice Mixed Beans Flour Tortilla Mandarin Oranges Cucumber Tomato Salad	<b>10</b> Baked Chicken w/ Chicken Gravy Buttered Rice Green Beans Whole Grain Roll Strawberry Applesauce Beet Salad	<b>11</b> Turkey Tetrazzini Sliced Carrots Whole Kernel Corn Whole Grain Roll Tropical Fruit Tomato Ranch Salad	<b>12</b> Bourbon Chicken Rice Pilaf Green Peas w/ Peppers Whole Grain Roll Diced Pears Tossed Salad w/ Ranch Dressing
<b>15</b> Meatloaf w/ Brown Gravy Egg Noodles Parslied Carrots Wheat Bread Seasonal Fruit Cucumber Tomato Salad	<b>16</b> Garlic Rosemary Chicken Rotini Noodles Broccoli Florets Whole Grain Roll Tropical Fruit Carrot Raisin Salad	<b>17</b> Sliced Turkey Breast w/ Brown Gravy Oven Roasted Potatoes Green Beans w/Peppers Cornbread Pineapple Tidbits Broccoli Raisin Salad	<b>18</b> Smothered Chicken Brown Rice California Vegetable Blend Pasta Salad Confetti Coleslaw Diced Peaches	<b>19</b> Hamburger Patty Baked Beans Capri Vegetable Blend Hamburger Bun/Mustard/Ketchup Seasonal Fruit Tossed Salad w/ Italian Dressing
<b>22</b> Baked Chicken w/ Country Gravy Oven Roasted Potatoes Mixed Vegetables Wheat Bread Tropical Fruit Corn Relish Salad	<b>23</b> Meatballs w/ Marinara Spaghetti Noodles Sliced Carrots Whole Grain Roll Tossed Salad w/ Italian Dressing Cinnamon Applesauce	<b>24</b> Cranberry Chicken Corn O'Brien Broccoli Florets Pasta Salad Confetti Coleslaw Diced Pears	<b>25</b> Salisbury Steak Buttered Rice Brussels Sprouts Texas Bread Pineapple Tidbits Tossed Salad w/ Ranch Dressing	<b>26</b> Pork Roast w/ Mushroom Gravy Egg Noodles Capri Vegetables Texas Bread Diced Peaches Mixed Vegetable Salad
<b>29</b> Lemon Pepper Chicken Penne Noodles Garden Vegetable Blend Wheat Bread Pineapple Tidbits Confetti Coleslaw	<b>30</b> Swiss Steak Egg Noodles Green Beans Texas Bread Mandarin Oranges Tossed Salad w/ Italian Dressing	<b>31</b> Honey Mustard Chicken Buttered Rice Green Peas Whole Grain Roll Diced Peaches Marinated Vegetable Salad	<u><b>Meat Substitute Meal</b></u> Beef Patty w/Gravy Corn Green Beans Whole Grain Roll Cinnamon Applesauce Pineapple	<u><b>Veggie Substitute Meal</b></u> Pinto Beans Corn Green Beans Whole Grain Roll Cinnamon Applesauce Pineapple

\*2% milk served with every meal.