



December 2018 Menu



Mon	Tue	Wed	Thu	Fri
3 Grilled Chicken Breast Stewed Tomatoes Lima Beans Dilled Cucumber Salad Pumpkin Pie	4 Vegetable Beef Stew Pimento Cheese Sandwich Pears Orange Slices Ginger Cookies	5 Pinto Beans Baked Macaroni & Cheese Spinach Skillet Cornbread Mandarin Oranges	6 Chicken Pot Pie Steamed Cabbage Sweet Potatoes Red Grapes Red Velvet Cupcake	7 Carved Roast Beef Mashed Potatoes Sautéed Zucchini Mini Yeast Roll Fruited Gelatin
10 Scrambled Eggs & Sausage Links Tater Tots Pancake Syrup Butter Orange Slices	11 Sliced Ham Vegetable Trio Sweet Potato Casserole Mini Yeast Roll Potato Salad	12 Sloppy Joe Red Bliss Potatoes Steamed Broccoli Bun Coleslaw	13 Sirloin Steak Strips w/ Rice Stewed Tomatoes Fried Okra Pineapple Tidbits Grapes	14 Baked Fish w/ Lemon Herb Sauce Over Rice Pilaf Green Beans Corn Fruit Cocktail Ginger Snaps
17 BBQ Broccoli & Rice Casserole Apple Cobbler Bun Coleslaw	18 Steakburger Lima Beans Hot Cinnamon Apples Bun Cantaloupe	19 Beef Hot Dogs on Bun w/ Peppers Steamed Broccoli Potato Salad Mandarin Oranges	20 Broccoli Cheese Soup Crackers Chicken Salad Broccoli Salad Pickled Beets	21 Salisbury Steak w/ Gravy Spinach Steamed Cauliflower Mini Yeast Roll Pineapple Tidbits Chocolate Pudding
24 CLOSED Christmas Eve	25 CLOSED 	26 Baked Lasagna Steamed Broccoli Cinnamon Apples Mandarin Oranges Cherry Pie	27 Scrambled Eggs & Bacon Tater Tots Baked Apples Buttermilk Biscuit Strawberries	28 Grilled Chicken Breast Corn Brussels Sprouts Mini Yeast Roll Applesauce Chocolate Cake w/ Cherries
31 Pork Loin w/ Mustard Sauce Collard Greens Black-Eyed Peas Potato Salad Banana Pudding			<u>MEAT SUBSTITUTE MEAL</u> Steakburger Cabbage Broccoli Mini Yeast Roll Potato Salad Mandarin Oranges	<u>VEGETABLE SUBSTITUTE MEAL</u> Great Northern Beans Cabbage Broccoli Mini Yeast Roll Potato Salad Mandarin Oranges

2% Milk will be served with all meals. You may order the Meat Plate or Vegetable Plate Substitute Meal option in place of what's offered on the menu.

All substitute meal orders and cancellations must be received by noon, one business day before needed, by calling the Meals on Wheels office at 704-633-0352.