



July 2022 Menu


| Mon | Tue | Wed | Thu | Fri |
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| <p><u>Meat Substitute Meal</u> Grilled Chicken Breast Broccoli Yellow Squash Roll Fruit Gelatin Seasonal Fruit</p> | <p><u>Veggie Substitute Meal</u> Great Northern Beans Broccoli Yellow Squash Roll Fruit Gelatin Seasonal Fruit</p> | | <p style="text-align: center;">*You may choose a Meat or Veggie Substitute Meal in place of a meal on any given day. You must call our office at 704-633-0352 by noon on the day before you want a substitution</p> | <p>1</p> <div style="display: flex; justify-content: space-between;">  <div style="text-align: center;"> <p>All-Beef Hotdog Baked Beans Fried Okra Hotdog Bun / Mustard / Ketchup Potato Salad Seedless Watermelon</p> </div>  </div> |
| <p>4</p> <p style="color: red; font-weight: bold; text-align: center;">CLOSED</p> <div style="text-align: center;">  </div> | <p>5</p> <p style="text-align: center;">Chicken Filet Sandwich Diced Potatoes Green Peas Bun / Mayo Packet Shredded Lettuce/Tomato Slice Seasonal Fruit</p> | <p>6</p> <p style="text-align: center;">Ham Salad Macaroni Salad Three Bean Salad Crackers Sliced Tomatoes Seasonal Fruit</p> | <p>7</p> <p style="text-align: center;">Pulled Pork BBQ Baked Beans Collard Greens Bun Sweet & Sour Coleslaw Seasonal Fruit</p> | <p>8</p> <p style="text-align: center;">Chicken Fettuccini Alfredo Spinach Carrots Orange Slices Seasonal Fruit Brownie</p> |
| <p>11</p> <p style="text-align: center;">Mac & Cheese w/ Ham Green Beans Apple Cobbler Cornbread Broccoli Cauliflower Salad Seasonal Fruit</p> | <p>12</p> <p style="text-align: center;">Beef Stroganoff over Noodles Squash Medley Cinnamon Peaches Carrot Raisin Salad Seasonal Fruit Cookie</p> | <p>13</p> <p style="text-align: center;">Sliced Ham w/ Glaze Black-Eyed Peas Warm Potato Salad Roll Fruit Vanilla Pudding</p> | <p>14</p> <p style="text-align: center;">Chicken Stir-Fry w/ Red & Green Peppers Yellow Rice Broccoli Tropical Fruit Salad Fruit Gelatin Cookie</p> | <p>15</p> <p style="text-align: center;">Pork Loin w/ Glaze Dill Potatoes Steamed Cabbage Black Bean Salad Cucumber Salad Fruit</p> |
| <p>18</p> <p style="text-align: center;">Grilled Chicken Breast Green Beans Cheesy Potatoes Marinated Tomatoes Seasonal Fruit Vanilla Cake Square</p> | <p>19</p> <p style="text-align: center;">Ham & Cheese Scramble Diced Potatoes Stewed Tomatoes Biscuit / Jelly Fruit Salad Seasonal Fruit</p> | <p>20</p> <p style="text-align: center;">Pinto Beans Collard Greens Mac & Cheese Corn Bread Muffin Beet Salad Seasonal Fruit</p> | <p>21</p> <p style="text-align: center;">Hamburger Patty Oven Roasted Potatoes Baked Beans Bun / Ketchup / Mustard Coleslaw Fruit</p> | <p>22</p> <p style="text-align: center;">Stuffed Green Peppers w/ Red Sauce Lima Beans Carrots Broccoli Cauliflower Salad Pasta Salad Seasonal Fruit</p> |
| <p>25</p> <p style="text-align: center;">Smothered Veal Mashed Potatoes Carrots Roll Italian Pasta Salad Seasonal Fruit</p> | <p>26</p> <p style="text-align: center;">Baked Spaghetti Green Peas Fried Okra Broccoli & Cauliflower Salad Seasonal Fruit Fruit Gelatin</p> | <p>27</p> <p style="text-align: center;">Cuban Chicken Corn Green Beans Roll Beet Salad Yellow Cake</p> | <p>28</p> <p style="text-align: center;">Chicken Salad Tomato & Cucumber Salad Macaroni Salad Peaches Cottage Cheese Saltine Crackers</p> | <p>29</p> <p style="text-align: center;">Sloppy Joe Potato Cake Steamed Cabbage Bun Coleslaw Seasonal Fruit</p> |