

**MEAL DELIVERY DAY:** During this Coronavirus crisis, every Monday, volunteers will deliver meals to each participant.

**Please unpack the contents of your box and refrigerate your meals immediately!**

**Due to the beef shortage, some meal plans on the menu may need to be adjusted. There will be NO SUBSTITUTE MEALS available.**

 **June 2020 Menu** 

Mon	Tue	Wed	Thu	Fri
<b>1</b> Roasted Chicken w/ Rice Okra & Tomatoes Corn Roll Pineapple Juice	<b>2</b> Baked Spaghetti Green Peas Glazed Carrots Roll Applesauce Juice	<b>3</b> Sliced Pork & Gravy w/ Egg Noodles Green Beans Beets Roll Peaches Juice	<b>4</b> Santa Fe Chicken w/ Brown Rice Black Beans Corn Roll Mandarin Oranges Juice	<b>5</b> Shepherd's Pie Broccoli Stewed Apples Goldfish Snacks Fruit Cocktail Juice
<b>8</b> Orange Chicken w/ Brown Rice Green Beans Cabbage Roll Pears Juice	<b>9</b> Pinto Beans Turnip Greens Succotash Biscuit/Fig Newtons Pineapple Juice	<b>10</b> Beef Stew w/ Rice Green Peas Roasted Sweet Potatoes Roll Mandarin Oranges Juice	<b>11</b> BBQ Chicken w/ Yellow Rice Cabbage Lima Beans Peaches Cookie Juice	<b>12</b> Baked Beef Macaroni Corn Green Beans Roll Applesauce Juice
<b>15</b> Chicken Stroganoff Lima Beans Okra & Tomatoes Roll Fruit Cocktail Juice	<b>16</b> Salisbury Steak Baked Beans Turnip Greens Cornbread Muffin Pears Juice	<b>17</b> Sweet & Sour Chicken w/ Rice Green Peas Parsley Potatoes Roll Pineapple Juice	<b>18</b> Turkey & Gravy w/ Yellow Rice Green Beans Corn Roll Peaches Juice	<b>19</b> Spaghetti & Meatballs Broccoli Lyonnais Squash Roll Mandarin Oranges Juice
<b>22</b> Meat Loaf w/ Pasta Green Peas Roasted Sweet Potatoes Roll Peaches Juice	<b>23</b> Teriyaki Chicken w/ Brown Rice Corn Roasted Okra Roll Applesauce Juice	<b>24</b> Beef Patty & Gravy w/ Yellow Rice Glazed Carrots Green Peas Roll Fruit Cocktail Juice	<b>25</b> BBQ Pork Riblet w/ Rice Broccoli Stewed Apples Roll Carrot Raisin Salad Juice	<b>26</b> Honey Glazed Chicken w/ Brown Rice Baked Bean Collard Greens Pears Cookie Juice
<b>29</b> Roasted Chicken w/ Rice Okra & Tomatoes Corn Roll Pineapple Juice	<b>30</b> Baked Spaghetti Lima Beans Cabbage Roll Applesauce juice	<b>July 1</b> Sliced Pork & Gravy w/ Egg Noodles Green Beans Parsley Potatoes Roll Peaches Juice	<b>July 2</b> Santa Fe Chicken w/ Brown Rice Black Beans Corn Roll Mandarin Oranges Juice	<b>July 3</b> Shepherd's Pie Broccoli Stewed Apples Goldfish Snacks Fruit Cocktail Juice