

# June 2022 Menu

Mon	Tue	Wed	Thu	Fri
<b><u>Meat Substitute Meal</u></b> Hamburger Patty Green Beans Cabbage Cornbread Fruit Congealed Salad	<b><u>Veggie Substitute Meal</u></b> Pinto Beans Green Beans Cabbage Cornbread Fruit Congealed Salad	<b>1</b> Sliced Ham w/ Glaze Black-Eyed Peas Warm Potato Salad Roll Fruit Vanilla Pudding	<b>2</b> Chicken Stir-Fry w/ Red & Green Peppers Yellow Rice Hot Cinnamon Peaches Tropical Fruit Salad Fruit Gelatin Cookie	<b>3</b> Pork Loin w/ Glaze Dill Potatoes Steamed Cabbage Black Bean Salad Cucumber Salad Fruit
<b>6</b> Grilled Chicken Breast Green Beans Cheesy Potatoes Marinated Tomatoes Seasonal Fruit Vanilla Cake Square	<b>7</b> Ham & Cheese Scramble Diced Potatoes Stewed Tomatoes Biscuit / Jelly Fruit Salad Seasonal Fruit	<b>8</b> Pinto Beans Collard Greens Mac & Cheese Corn Bread Muffin Beet Salad Seasonal Fruit	<b>9</b> Pulled Pork BBQ Baked Beans Peach Cobbler Bun Red Slaw Fruit Salad	<b>10</b> Stuffed Green Peppers w/ Red Sauce Lima Beans Carrots Broccoli Cauliflower Salad Pasta Salad Seasonal Fruit
<b>13</b> Smothered Veal Mashed Potatoes Carrots Roll Italian Pasta Salad Seasonal Fruit	<b>14</b> Baked Spaghetti Green Peas Fried Okra Broccoli & Cauliflower Salad Seasonal Fruit Fruit Gelatin	<b>15</b> Cuban Chicken Corn Green Beans Roll Beet Salad Yellow Cake	<b>16</b> Chicken Salad Tomato & Cucumber Salad Macaroni Salad Peaches Cottage Cheese Saltine Crackers	<b>17</b> Sloppy Joe Potato Cake Steamed Cabbage Bun Coleslaw Seasonal Fruit
<b>20</b> Sweet & Sour Chicken over Yellow Rice Collard Greens Carrots Watergate Salad Seasonal Fruit Chocolate Cake	<b>21</b> Fish w/ Red Sauce over Rice Yellow Squash Spinach Pickled Beets Seasonal Fruit Yellow Cake Square	<b>22</b> Chicken w/ Mornay Sauce Oven Browned Potatoes Green Peas Roll Seasonal Fruit Tropical Fruit Whip	<b>23</b> Beef Stroganoff Cauliflower w/ Cheese Sauce Carrots Applesauce Seasonal Fruit Brownie	<b>24</b> Meatloaf w/ Gravy Mashed Potatoes Broccoli Wheat Roll Seasonal Fruit Waldorf Salad
<b>27</b> Chicken & Ranch Casserole Corn Fried Okra Roll Broccoli Salad Macaroni Salad	<b>28</b> Chicken Filet Sandwich Diced Potatoes Green Peas Bun / Mayo Packet Shredded Lettuce/Tomato Slice Seasonal Fruit	<b>29</b> Cheesy Beef & Mac Casserole Green Beans Cabbage Shredded Lettuce Salad Seasonal Fruit Fruit Gelatin	<b>30</b> Chicken Fettuccini Alfredo Spinach Carrots Orange Slices Seasonal Fruit Brownie	*You may choose a Meat or Veggie Substitute Meal in place of a meal on any given day. You must call our office at 704-633-0352 by noon on the day before you want a substitution