



# March 2022 Menu



Mon	Tue	Wed	Thu	Fri
<b>Meat Substitute Meal</b> Grilled Chicken Breast Broccoli Yellow Squash Cornbread Congealed Salad Fruit	<b>1</b> Pork Stew Lima Beans Cinnamon Peaches Broccoli Cauliflower Salad Fruit Vanilla Cake Square	<b>2</b> Mac & Cheese w/ Ham Green Peas Black Beans Marinated Vegetable Salad Mixed Fruit Brownie	<b>3</b> Stir-Fried Chicken over Rice Steamed Broccoli Sweet Potatoes Roll Sweet & Sour Slaw Fruit	<b>4</b> Baked Fish w/ Herb Sauce (Over Rice Pilaf) Green Beans Stewed Tomatoes Tartar Sauce Coleslaw Fruit
<b>7</b> Chicken Parmesan Spinach Roasted Potatoes Vegetable Salad Fruit Gelatin Peaches	<b>8</b> Chicken & Biscuit Pan Pie Peas Cinnamon Apples Macaroni Salad Applesauce Brownie	<b>9</b> Cheeseburger Mac Casserole Green Beans Carrots Corn Bread Broccoli Cauliflower Salad Fruit	<b>10</b> Potato Soup w/ Bacon & Cheese Broccoli Corn Saltine Crackers Watergate Salad Fruit	<b>11</b> Meatloaf Mashed Potatoes w/ Gravy Squash Casserole Roll Marinated Cucumber Salad Fruit
<b>14</b> Baked Spaghetti Stewed Apples Carrots Pea Salad Tropical Fruit Salad Brownie	<b>15</b> Sliced Ham w/ Glaze Cabbage Lima Beans Potato Salad Mandarin Orange Fruit Gelatin	<b>16</b> Chicken Cordon Bleu Yam Souffle Peas Marinated Tomato Salad Waldorf Salad Fruit	<b>17</b>  Beef Goulash  Cabbage Peach Cobbler Watergate Salad Marinated Cucumbers Fruit	<b>18</b> Chicken & Dumplings Black-Eyed Peas Turnip Greens Marinated Tomato Salad Fruit Brownie
<b>21</b> Grilled Chicken Breast w/ Herb Sauce Lima Beans Cauliflower w/ Cheese Sauce Three Bean Salad Fruit Gelatin Fruit	<b>22</b> Chicken & Ranch Casserole Great Northern Beans Squash Carrot Raisin Salad Fruit Brownie	<b>23</b> Turkey & Dressing Cabbage Casserole Sweet Potatoes Pasta Salad Fruit Gelatin Fruit	<b>24</b> Sloppy Joe Broccoli Stewed Tomatoes Bun Coleslaw Fruit	<b>25</b> Pulled Pork BBQ Broccoli Casserole Mixed Vegetables Bun Coleslaw Fruit
<b>28</b> Hamburger Patty Oven Roasted Potatoes Baked Beans Bun / Ketchup / Mustard Coleslaw Fruit	<b>29</b> Pinto Beans Collard Greens Squash Casserole Cornbread Waldorf Salad Fruit	<b>30</b> Shepherd's Pie Green Beans Corn Sweet & Sour Coleslaw Glazed Strawberry Banana Salad Fruit	<b>31</b> Stuffed Green Peppers w/ Red Sauce Lima Beans Carrots Broccoli Cauliflower Salad Cucumber Salad Fruit	<b>Veggie Substitute Meal</b> Great Northern Beans Broccoli Yellow Squash Cornbread Congealed Salad Fruit