

 March 2020 Menu

Mon	Tue	Wed	Thu	Fri
2 Sliced Ham w/ Pineapple Vegetable Trio Sweet Potato Casserole Whole Wheat Roll Fresh Fruit Peach Pie	3 Sloppy Joe Tater Tots Baked Apples Bun Coleslaw Mandarin Oranges	4 Beef Tips (over Rice) Stewed Tomatoes Fried Okra Pineapple Tidbits Fresh Fruit	5 Golden Roast Chicken (leg & thigh) Creamed Spinach Mac & Cheese Whole Wheat Roll Mixed Fruit Apple Slices	6 BBQ Pork Potato Wedges Cinnamon Apples Bun Three Bean Salad Fresh Fruit
9 Beef & Macaroni Casserole Green Peas Glazed Carrots Pineapple Fresh Fruit Cookie	10 Sweet & Sour Chicken Over Brown Rice Lima Bean Stewed Tomatoes Fruit Cocktail Fresh Fruit	11 Beef Patty Collard Greens Red Bliss Potatoes Bun Mandarin Oranges Fresh Fruit	12 BBQ Chicken Baked Beans Stewed Apples Cornbread Potato Salad Peaches	13 Baked Fish w/ Creole Over Rice Broccoli Corn Applesauce Fresh Fruit
16 Chicken Stroganoff Green Beans Candied Sweet Potatoes Fruit Cocktail Fresh Fruit	17 Scrambled Eggs w/ Ham Oven Brown Potatoes Stewed Apples Biscuit/Butter/Jelly Orange Slices	18 Roasted Chicken over Rice Corn Sautéed Cabbage Mandarin Oranges Fresh Fruit Brownie	19 Meatloaf w/ Gravy & Brown Rice Okra & Tomatoes Collard Greens Sliced Apple Red Congeal w/ Peaches	20 Chicken Pasta Casserole Harvard Beets Black Eyed Peas Pears Applesauce
23 Boneless Pork w/ Gravy & Potatoes Lyonnaise Squash Green Peas Mandarin Oranges Fresh Fruit	24 Roast Beef w/ Gravy Mashed Potatoes Black Eyed Peas Whole Wheat Roll Applesauce Fresh Fruit	25 Baked Spaghetti Green Beans Carrots Whole Wheat Roll Pears Fresh Fruit	26 Macaroni & Cheese Collard Greens Great Northern Beans Pineapple Fresh Fruit Chocolate Cake	27 Teriyaki Chicken over Brown Rice StirFried Vegetables Corn Peaches Fresh Fruit Muffin
30 BBQ Pork Riblet Lima Beans Stewed Apples Cornbread Potato Salad Fresh Fruit	31 Santa Fe Chicken & Brown Rice Corn Cabbage Pears Fresh Fruit		<u>MEAT SUBSTITUTE MEAL</u> Roasted Chicken Bites Roasted Whole Okra Carrots Coleslaw Fresh Fruit	<u>VEGETABLE SUBSTITUTE MEAL</u> Pinto Beans Macaroni & Cheese Turnip Greens Mandarin Oranges Fresh Fruit

***** Substitute meals WILL NOT be available for the week of March 2nd – 6th. *****