



	Mon	Tue	Wed	Thu	Fri
2		3	4	5	6
	Grilled Chicken Breast	Ham & Cheese Omelet	Pinto Beans	Pulled Pork BBQ	Stuffed Green Peppers w/ Red Sauce
	Green Beans	Diced Potatoes	Collard Greens	Baked Beans	Lima Beans
	Cheesy Potatoes	Stewed Tomatoes	Mac & Cheese	Peach Cobbler	Carrots
	Marinated Tomatoes	Biscuit / Jelly	Corn Bread Muffin	Bun	Broccoli Cauliflower Salad
	Seasonal Fruit	Fruit Salad	Beet Salad	Eastern NC Slaw	Pasta Salad
	Vanilla Cake Square	Seasonal Fruit	Seasonal Fruit	Fruit Salad	Seasonal Fruit
9		10	11	12	13
	Smothered Veal	Baked Spaghetti	Sliced Ham w/ Glaze	Chicken Salad	Sloppy Joe
	Mashed Potatoes	Green Peas	Black-Eyed Peas	Tomato & Cucumber Salad	Potato Cake
	Carrots	Fried Okra	Warm Potato Salad	Macaroni Salad	Steamed Cabbage
	Roll	Broccoli & Cauliflower Salad	Roll	Peaches	Bun
	Italian Pasta Salad	Seasonal Fruit	Seasonal Fruit	Cottage Cheese	Coleslaw
	Seasonal Fruit	Fruit Gelatin	Watergate Salad	Saltine Crackers	Seasonal Fruit
16		17	18	19	20
	t & Sour Chicken over Yellow Rice	Fish w/ Red Sauce over Rice	Chopped Steak w/ Gravy	Beef Stroganoff	Meatloaf w/ Gravy
	Collard Greens	Yellow Squash	Oven Browned Potatoes	Cauliflower w/ Cheese Sauce	Mashed Potatoes
	Carrots	Blueberry Cobbler	Green Beans	Carrots	Stewed Tomatoes
	Pineapple Tidbits	Pickled Beets	Roll	Applesauce	Wheat Roll
	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
	Chocolate Chip Cookie	Yellow Cake Square	Tropical Fruit Whip	Brownie	Waldorf Salad
23		24	25	26	27
	Mac & Cheese w/ Ham	Chicken Filet Sandwich	Cheesy Beef & Mac Casserole	Pulled Pork BBQ	Hotdog
	Green Beans	Diced Potatoes	Green Beans	Baked Beans	Baked Beans
	Apple Cobbler	Green Peas	Cabbage	Collard Greens	Diced Potatoes
	Cornbread	Bun / Mayo Packet	Shredded Lettuce Salad	Bun	Bun / Mustard / Ketchup
	Broccoli Cauliflower Salad	Shredded Lettuce/Tomato Slice	Seasonal Fruit	Sweet & Sour Coleslaw	Strawberry & Banana Glace
	Seasonal Fruit	Seasonal Fruit	Fruit Gelatin	Seasonal Fruit	Yellow Sheet Cake w/ Whipped Cream
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30		31	*You may choose a	Meat Substitute Meal	Veggie Substitute Meal
	CLOSED	Chicken Fettuccini Alfredo	Meat or Veggie Substitute Meal	Grilled Chicken Breast	Great Northern Beans
	320022	Spinach	in place of a meal	Broccoli	Broccoli
	memorial	Carrots	on any given day.	Yellow Squash	Yellow Squash
	memorian	Orange Slices	You must call our office at	Roll	Roll
	DAY	Seasonal Fruit	704-633-0352 by noon on the	Congealed Salad	Congealed Salad
		Brownie	day before you want a	Seasonal Fruit	Seasonal Fruit
			substitution		3333.141.1411