



MEALS on WHEELS
ROWAN

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2020 ANNUAL REPORT

WWW.MOWROWAN.ORG

PRESIDENT'S LETTER

DEAR FRIENDS OF MEALS ON WHEELS ROWAN,

In February 2020, our Board of Directors and several community volunteers spent time developing our strategic plan highlighting the specific goals for the year. The entire world knows what came next and from that point forward we became an organization that was forced to pivot many times. Our staff had to figure out operationally, how to get things done with an eye on our mission!

With the help of a dedicated staff, hundreds of caring volunteers, and unwavering donor support - we were able to fulfill our mission of feeding homebound seniors here in Rowan County. And during this journey, as you may have heard us say before, we became way “More Than a Meal.”

Working hard to ensure everyone’s safety was our first priority. A multitude of seemingly constant changes in our delivery process quickly followed. We wanted to make sure that our clients all received nutritious and good tasting meals. Our work became developing, using, and refining processes to meet the needs of our clients.

Throughout the year, we found opportunities to meet needs of seniors by stepping outside of “our box.” Collaborating with Rowan Helping Ministries, Rufty-Holmes Senior Center, the Rowan County Health Department, and others allowed us to expand our services and we were able to fill new or previously unseen needs for seniors.

The needs in Rowan County continue to grow tremendously and our organization is growing with the help of many supporters such as yourselves to ensure we are fulfilling our mission and effectively tackling new issues affecting seniors here in Rowan County.

To all of you that volunteer, give, and support Meals on Wheels in so many ways to make our community a better place, please accept my utmost appreciation.

Sincerely,



Tom Robinson
President
Board of Directors
Meals on Wheels Rowan



OUR PROGRAMS

Meals on Wheels Rowan offers "More Than a Meal" and in 2020 we began offering more than home delivered meals. The COVID-19 Pandemic emphasized the importance of social interaction and safety checks.

- 1. A team of volunteer "Comfort Callers" reached out to all participants over 10,415 times in 2020.
- 2. We discovered a gap in nutrition services for seniors and created the Grocery Program.
- 3. In April, Rowan Helping Ministries needed assistance getting USDA Food Boxes to individuals without transportation. A new collaboration between agencies resulted in Meals on Wheels staff delivering USDA Food Boxes 349 times in 2020



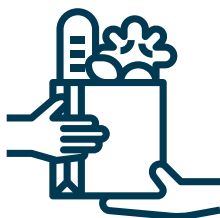
Meals on Wheels is focused on providing nutrition support to seniors in Rowan County. But during the pandemic we stepped up to provide personal protective equipment, paper goods such as toilet paper, and sanitizing supplies.

IN 2020, WE DELIVERED:



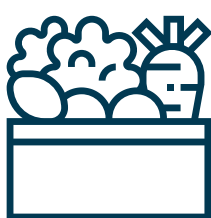
66,800

Home-Delivered Meals



1,146

Grocery & Supply Orders



349

USDA Food Boxes



10,415

Comfort Calls



1,000

Volunteers



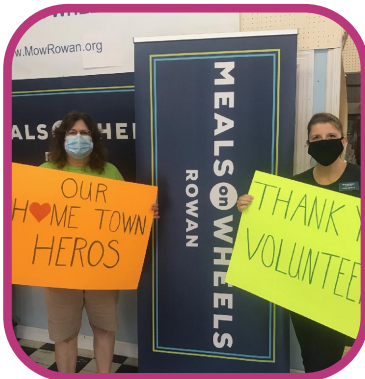
1,057

Participants Served

VOLUNTEERS

Thank you to all who volunteered in 2020. You all supported us in so many ways including:

- Delivering meals
- Making Comfort Calls
- Shopping for and delivering groceries
- Providing technical support
- Packing Winter Weather Totes
- Making cards
- Creating holiday gift bags
- Designing Giving Trees
- Connecting with local business



We hope that all of our volunteers who have not been able to participate with us, stayed well and enjoyed your time off. We can't wait to see you again! Thank you for sending your positive vibes and continuing to be advocates for Meals on Wheels Rowan.

2020 OUTSTANDING VOLUNTEERS



CONNIE BASINGER AWARD

Amy Ritchie



PRESIDENT'S AWARD

Kimberly Hardiman



PRESIDENT'S AWARD

Jody Blythe

OUTSTANDING AREA VOLUNTEERS

SOUTH ROWAN: Andrew Stirewalt and delivery partner, Georgia Adams

EAST ROWAN: Shelly Lambe, daughter Angela and son Cameron

EAST ROWAN: Ronnie Bailey

WEST ROWAN: Teri Johnston

NORTH ROWAN/SALISBURY: Beth Foreman

NORTH ROWAN/SALISBURY: Caleb Cinguemani and delivery partner, Sheri Fowler

PUBLIC RELATIONS



In a year where the number of opportunities for in-person presentations or one on one engagement were canceled due to the pandemic, Meals on Wheels utilized social media networks, video, email, and old-fashioned phone calling to stay in touch with our community, donors, and volunteers. The word of the year was, “PIVOT,” and every pivot required a communication to our Meals on Wheels participants, volunteers, and families.

Thanks to all who stayed tuned in to Meals on Wheels Rowan!



FUND DEVELOPMENT

During a year of great uncertainty, Meals on Wheels benefited from Federal, State, Corporate and Community grants born out of the COVID-19 pandemic. Fourteen grants enabled us to provide more meals to food insecure seniors, send masks, hand sanitizer, and paper products to homebound seniors in need and begin a Grocery Program that kept high-risk seniors at home.

The pandemic necessitated cancelling our lobster sale. But we continued to reach out to individual donors and be present in the community by promoting September, Sip, Sup, and Shop.

We sincerely appreciate all the individual donors that contributed through our Mother's Day Recognition, “Senior Hunger Doesn't Take a Vacation” Campaign and Holiday Mailing. Grants from local and regional foundations provide a tremendous boost to our program.

Thank you to the Foundations and Board Members who review our applications, visit our location, and meet with us to better understand our programs and needs. Please see the list of funders, found elsewhere in this report.

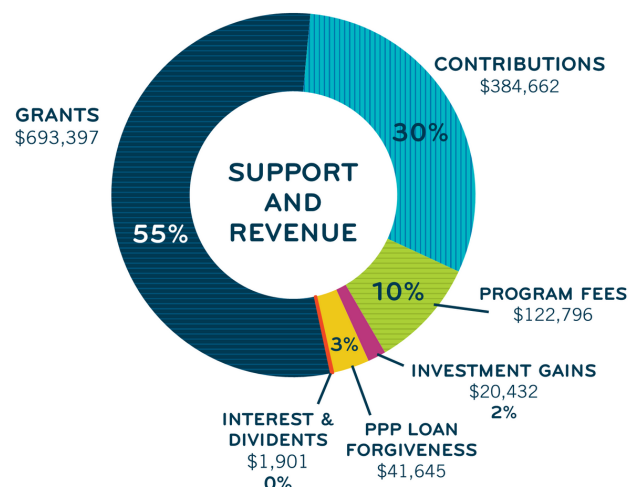


FINANCIALS

2020 STATEMENT OF FINANCIAL POSITION

SUPPORT AND REVENUE

Contributions and Grants	\$1,078,059
Meal Charges	\$122,796
Unrealized Investments Gains (Losses)	\$10,900
Realized Investments Gains (Losses)	\$9,532
Special Events - Net	(\$4,907)
Gain on Sale of Fixed Assets	-
PPP Loan Forgiveness	\$41,645
Interest and Dividends	\$1,901
Total Support and Revenue	\$1,259,926

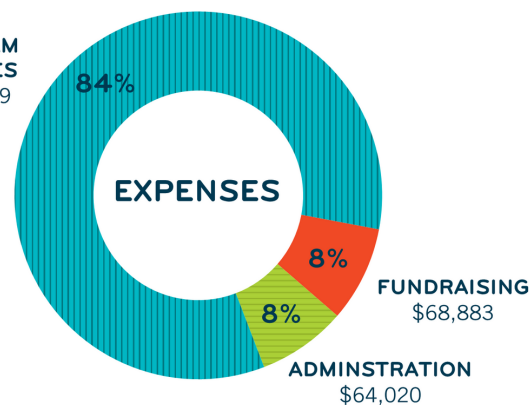


Net Assets Released from Restriction	
Satisfaction of Donor Restrictions:	\$2,663
Total Net Assets Released from Restrictions	\$2,663
Total Support and Revenue	\$1,262,589

PROGRAM SERVICES
\$687,179

EXPENSES

Program Services	\$687,179
Supporting Services	
General Administration	\$64,020
Fundraising	\$63,833
Total Expenses	\$820,032



Increase in Net Assets	\$442,557
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F&M Foundation	Provident Benevolent Foundation
Food Lion Feeds	Rowan County Commissioners
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Hurley-Trammel Family Foundation	Salisbury City Community Block Development Fund
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	SECU Foundation
	YourCause Blackbaud Giving Fund

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Milford Hills United Methodist Church	St. Mark's Lutheran Church
Oakdale Baptist Church	St. Matthew's Lutheran Church
Old Providence Presbyterian Church	St. Paul's Lutheran Church

NEWS FLASH

In 2020, Meals on Wheels Rowan provided 50,000 more meals in one year than in our 45-year history!

Thank you to our many individual donors, business supporters, church partners, and event partners.

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