

Keep Meals on Wheels Rowan in mind when planning your annual and legacy giving!

contact us!

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Behind the Wheel



DECEMBER 2023

Meal Recipient

DECEMBER

Birthdays

1st	Thomas Holloway
2nd	Katrina Walker Sharon Livengood
3rd	Frank Kelley
4th	Deborah Steele Ruth Culp Mary Stover
6th	Charlene Baker
8th	Teresa Ferguson
10th	Joan Miller
11th	Beverly Lilley
12th	Ygerne Gibson Barbara Austin
13th	Michael Johnson
14th	Ellis Cauble
16th	Janise Addington
17th	Clifton Mishue Mary Echerd
20th	Barbara Ketner
21st	Lois Boone Larry Cline
23rd	Dorothy Parker Don Troutman
27th	Willie Pierce
29th	Annette Burleson
31st	Susan Armour Virgie Morehead

Holiday Hours

Our office will be CLOSED from December 25th to 26th. Meal delivery will resume Wednesday, December 27th.

Our office will be CLOSED for New Year's Day on Monday, January 1st. Meal delivery will resume on Tuesday, January 2nd.



Save the Date

December 9: Grinchmas on Mount Crumpit Give Back at Heart of Salisbury, 12-3 p.m
December 13th: Pinocchio's Give Back Night
December 1st-15th: Raise Some Dough, Cinnamon Roll order dates
December 20th-22nd: Cinnamon Roll Pick-Ups, 9-5
December 25th-26th: Monday-Tuesday, CLOSED
January 1st: Monday, New Year's Day CLOSED

RAISE SOME DOUGH CINNAMON ROLL SALE



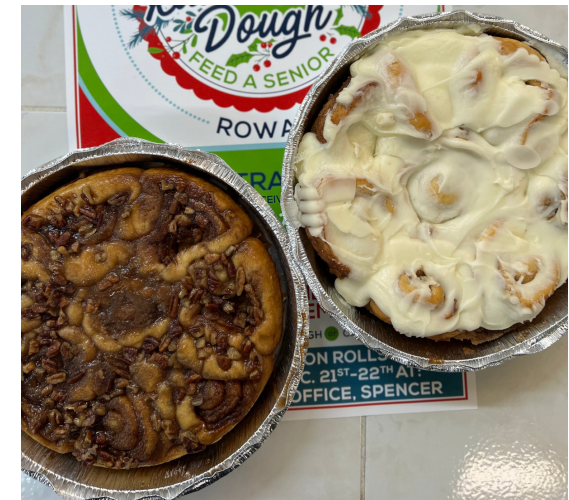
Support Meals on Wheels Rowan this holiday season by purchasing freshly baked cinnamon rolls to serve at home or give as gifts. Every tray purchased provides a free meal to a homebound senior in need.

Choose from frosted or pecan-glazed rolls. Each tray is \$20 and contains eight cinnamon rolls. Gift a tray to your family, friends, neighbors, or loved ones. Orders of five or more come with gift tags and ribbons, ready to give as a gift!

Order your rolls by December 15th. Only 350 trays are available. Order while supplies last!

Order online at www.mowrowan.org/cinnamonrolls or call 704-633-0352.

Cinnamon roll pick-ups will be from December 20th-22nd at the Meals on Wheels Office at 1307 South Salisbury Avenue, Spencer from 9-5.



GRINCHMAS ON MOUNT CRUPMIT SHOPPING EVENT

Heart of Salisbury and The Goodie Bag Sweet Treats n' More will host a popup shopping event, "Grinchmas on Mount Crumpit," on December 9th, from 12 pm-3 pm. The event will be held at Heart of Salisbury, located behind Barnhardt Jewelers in the city parking lot at 120 East Innes Street.

Enjoy sweet treats, shopping, free coffee, and cocoa. Donations for Birthday Bags for Meals on Wheels participants will be collected. A percentage of proceeds will be donated to Meals on Wheels!

WELCOME NEW VOLUNTEERS



Mike Cobb

Mike is a recently retired guidance counselor and new volunteer. He decided to deliver meals to give back to the community! Mike is filling in as a substitute driver, delivering when needed.



Debbie Collins & Kim Duffy

Debbie and Kim are new volunteers delivering out of South Rowan. Kim has a flexible work schedule and wanted to find a way to give back to the community and spend quality time with her mother! Welcome, Kim and Debbie!



Jeff Safrit

Jeff and his wife Candace (not pictured) are the newest members of the Mt. Zion team in South Rowan. They will deliver the Landis route on Fridays.



Zachary & Amber Yost

Mother-son duo, Amber and Zachary, are new volunteers delivering out of our Salisbury office and South Rowan. They will deliver both the Highway 29 Route and the East Kannapolis Route once a month.



Diane & Perry Byrne

Diane and Perry are new members of the First Baptist Team. They will deliver the Statesville Boulevard route. Welcome, Diane and Perry!



Cheryl Simonds

Cheryl is another new member of the Mt. Zion Team! She is the wife of Mt. Zion's Pastor, Rev. Jim Simonds. Cheryl is delivering the West Kannapolis route each Wednesday.



Jensen Daniels

Jensen is a graduate of Carson High School and is currently attending UNC Charlotte. She wants to be a nurse and is looking to do more community service.

In addition to delivering meals, Jensen is also a grocery shopper!

2023 OUTSTANDING VOLUNTEERS



Pam & Craig Jones

Pam and Craig are First Baptist team members, delivering Route 4 twice a month. The Joneses go above and beyond for each participant, delivering flowers and spending time with each of them. We are elated to recognize this faithful, big-hearted couple as our Outstanding Salisbury/North Rowan Volunteers!



Leigh Ann Moore

Leigh Ann delivers the Cleveland Route as a substitute. She saw one of our brochures and wanted to get involved. After delivering for a year, she heard we needed more volunteers in West Rowan. She took flyers and information to Salem Lutheran and Landmark Churches. Leigh Ann helped us recruit several volunteers in the West Rowan Area. She goes above and beyond for our participants and has utilized her network to connect participants with extra support. Thank you, Leigh Ann, for going above and beyond as our Outstanding West Rowan Volunteer!



Paul Lucha

Paul is a retired VA physician who decided he wanted to get involved with Meals on Wheels Rowan. He hit the ground running and hasn't stopped! Paul will deliver any route and fill in whenever asked. Recently, he has been our substitute volunteer, delivering the Gold Hill route. Paul is a Meals on Wheels Rowan Super Substitute, and we are so thankful for his partnership!



Susan Parker

Susan started volunteering when she retired from teaching. Susan is a faithful volunteer from the start- delivering weekly during the pandemic when other folks were reluctant to deliver. She substitutes when it doesn't conflict with her tutoring schedule. Susan is our South Rowan Outstanding Volunteer and we are so grateful for her faithful service and high energy.