

February 2024 – Traditional Menu

Mon	Tue	Wed	Thu	Fri
<u>Meat Substitute Meal</u> Grilled Chicken Tenders Broccoli Vegetable Medley Roll Fruit Fruit Gelatin	<u>Vegetable Substitute Meal</u> Pinto Beans Broccoli Vegetable Medley Roll Fruit Fruit Gelatin	-	1 Chicken & Biscuit Pie Broccoli Carrots Pea Salad Fruit Cocktail Fruit	2 Beef Tips over Rice Green Beans Stewed Tomatoes Broccoli Cauliflower Salad Fruit Gelatin Wheat Roll
5 Hamburger Patty Broccoli Tater Tots Wheat Bun Tomato Slice/Lettuce Fruit Cocktail	6 Chicken Parmesan Lima Beans Oven Roasted Potatoes Pea Salad Fruit Applesauce	7 Turkey Tetrazzini Corn Green Beans Spinach Salad w/ Dressing Fruit Fruit	8 Beef Chile w/ Beans Rice Cinnamon Apples Cornbread Coleslaw Fruit	9 Roasted Chicken Carrots Cabbage Wheat Roll Three Bean Salad Fruit
12 Chopped Steak w/ Gravy Green Peas Sweet Potatoes Broccoli Salad Fruit Carrot Raisin Salad	13 Pinto Beans Collard Greens Mac & Cheese Cornbread Marinated Vegetable Salad Fruit	14 Gourmet Chicken Green Beans  Diced Roasted Potatoes  Wheat Roll Fruit Gelatin Chocolate Chess Pie	15 Carved Turkey & Dressing w/ Gravy Cheesy Cauliflower Carrots Beets Fruit Wheat Roll	16 Beef Stroganoff over Noodles Squash Medley Baked Apples Three Bean Salad Fruit Fancy Fruit
19 Baked Spaghetti Spinach Corn Beets Fruit Applesauce	20 Stuffed Peppers w/ Red Sauce Green Beans Carrots Italian Pasta Salad Fancy Apple Salad Fruit	21 Chicken Alfredo over Egg Noodles Green Peas Cauliflower Fruit Spinach Salad w/ Dressing Yellow Cake Square	22 Chopped Steak Diced Roasted Potatoes Baked Apples Sweet & Sour Coleslaw Carrot Raisin Salad Wheat Roll	23 Beef Goulash Vegetable Medley Black Beans Cinnamon Peaches Fruit Gelatin Wheat Roll
26 Carved Ham Squash Casserole Cabbage Potato Salad Fruit Cake Square	27 Shepherd's Pie Stewed Tomatoes Corn Broccoli Cauliflower Salad Fruit Gelatin Fruit	28 Baked Mac & Cheese Green Beans Collard Greens Carrot Raisin Salad Fruit Cornbread	29 Beef Stew Vegetable Medley Spinach Fruit Waldorf Salad Brownie	