

January 2024 – Traditional Menu

Mon	Tue	Wed	Thu	Fri
1 CLOSED for New Years 	2 Pinto Beans Collard Greens Mac & Cheese Cornbread Marinated Vegetable Salad Fruit	3 Beef Stroganoff over Noodles Squash Medley Baked Apples Macaroni Salad Fruit Chocolate Cake	4 Carved Turkey & Dressing w/ Gravy Roasted Sweet Potatoes Green Beans Wheat Roll Broccoli Salad Fruit	5 Beef Goulash Vegetable Medley Black Beans Cinnamon Peaches Fruit Gelatin Fruit
8 Chopped Steak Oven Roasted Potatoes Baked Apples Wheat Roll Sweet & Sour Coleslaw Carrot Raisin Salad	9 Stuffed Peppers w/ Red Sauce Green Beans Carrots Italian Pasta Salad Fancy Apple Salad Fruit	10 Chicken Marsala over Egg Noodles Green Peas Cauliflower Fruit Tossed Salad w/ Dressing Yellow Cake Square	11 Baked Spaghetti Spinach Corn Beets Fruit Applesauce	12 Chicken Cordon Bleu Vegetable Medley Cabbage Spinach Salad w/ Dressing Fruit Gelatin Fruit
15 CLOSED Martin Luther King, Jr. Day 	16 Shepherd's Pie Stewed Tomatoes Corn Broccoli Cauliflower Salad Fruit Gelatin Fruit	17 Baked Mac & Cheese Carrots Collard Greens Fancy Apple Salad Fruit Cornbread	18 Beef Stew Vegetable Medley Spinach Fruit Waldorf Salad Brownie	19 Stir-fried Chicken over Rice Broccoli Roasted Sweet Potatoes Wheat Roll Fruit Gelatin
22 Cuban Chicken Green Beans Corn Macaroni Salad Fruit Applesauce	23 Baked Fish w/ Red Sauce Squash Casserole Broccoli Coleslaw Fruit Tropical Fruit Whip	24 Meatloaf w/ Ketchup Glaze Mashed Potatoes Carrots Wheat Roll Fruit Fancy Apple Salad	25 Chicken & Dumplings Cabbage Turnip Greens Carrot Raisin Salad Fruit Fruit Cocktail	26 Turkey Sausage Biscuit Scrambled Eggs Hashbrowns Two Tomato Slices Pineapple Delight Fruit
29 Chicken Ranch Casserole Corn Green Peas Wheat Roll Sweet & Sour Coleslaw Fruit	30 Baked Spaghetti Spinach Vegetable Medley Beets Fruit Applesauce	31 Pork Chops Cabbage Casserole Turnip Greens Potato Salad Fruit Brownie	<u>Meat Substitute Meal</u> Chopped Steak Broccoli Vegetable Medley Roll Fruit Fruit Gelatin	<u>Vegetable Substitute Meal</u> Great Northern Beans Broccoli Vegetable Medley Roll Fruit Fruit Gelatin