

March 2024 – Traditional Menu

Mon	Tue	Wed	Thu	Fri
<u>Meat Substitute Meal</u> Chopped Steak Broccoli Vegetable Medley Roll Fruit Fruit Gelatin	<u>Vegetable Substitute Meal</u> Great Northern Beans Broccoli Vegetable Medley Roll Fruit Fruit Gelatin			1 Stir-fried Chicken over Rice Broccoli Roasted Sweet Potatoes Wheat Roll Fruit Gelatin
4 Baked Spaghetti Spinach Vegetable Medley Beets Fruit Applesauce	5 Cuban Chicken Green Beans Corn Macaroni Salad Fruit Applesauce	6 Meatloaf w/ Ketchup Glaze Mashed Potatoes Carrots Wheat Roll Fruit Fancy Apple Salad	7 Chicken & Dumplings Cabbage Turnip Greens Carrot Raisin Salad Fruit Fruit Cocktail	8 Scrambled Eggs & Turkey Sausage Cinnamon Apples Hashbrowns Biscuit Butter / Jelly Fruit
11 Chicken Ranch Casserole Corn Green Peas Wheat Roll Beets Fruit	12 Baked Fish w/ Red Sauce Squash Casserole Broccoli Coleslaw Fruit Tropical Fruit Whip	13 Pork Chops Roasted Sweet Potatoes Turnip Greens Potato Salad Fruit Brownie	14 Chicken Pot Pie Carrots Baked Apples Three Bean Salad Fruit Fruit	15 Beef Goulash Cabbage Hot Cinnamon Peaches Watergate Salad Macaroni Salad Fruit  
18 Hamburger Patty Broccoli Baked Beans Wheat Bun Coleslaw Fruit Cocktail	19 Chicken Parmesan Lima Beans Cabbage Pea Salad Fruit Applesauce	20 Pinto Beans Collard Greens Mac & Cheese Cornbread Marinated Vegetable Salad Fruit	21 Beef Tips over Rice Broccoli Carrots Waldorf Salad Fruit Cocktail Fruit	22 Roasted Chicken Carrots Oven Roasted Potatoes Wheat Roll Three Bean Salad Fruit
25 Chopped Steak w/ Gravy Green Peas Roasted Sweet Potatoes Broccoli Salad Fruit Carrot Raisin Salad	26 Chicken Tetrizzini Corn Green Beans Spinach Salad w/ Dressing Fruit Gelatin Fruit	27 Beef Stroganoff over Noodles Squash Medley Baked Apples Macaroni Salad Fruit Yellow Cake	28 Carved Ham w/ Pineapple Glaze Green Beans Carrots Potato Salad Pineapple Tidbits Chocolate Cake	29 CLOSED For GOOD FRIDAY No Meal Delivery  