

November 2023 – Traditional Menu

Mon	Tue	Wed	Thu	Fri
<u>Meat Substitute Meal</u> Chopped Steak Broccoli Vegetable Medley Roll Fruit Fruit Gelatin	<u>Vegetable Substitute Meal</u> Great Northern Beans Broccoli Vegetable Medley Roll Fruit Fruit Gelatin	1 Sliced Turkey & Dressing w/ Gravy Mashed Potatoes Green Peas Wheat Roll Broccoli Salad Fruit	2 Chicken & Dumplings Cabbage Turnip Greens Carrot Raisin Salad Fruit Fruit Cocktail	3 Meatloaf w/ Ketchup Glaze Mashed Potatoes Carrots Wheat Roll Fruit Fancy Apple Salad
6 Chicken Ranch Casserole Corn Green Peas Wheat Roll Sweet & Sour Coleslaw Fruit	7 Stuffed Baked Potato Chili Broccoli Shredded Cheese / Sour Cream Applesauce Waldorf Salad	8 Pork Loin Cabbage Casserole Green Beans Coleslaw Fruit Brownie	9 Chicken & Biscuit Pie Vegetable Medley Carrots Pea Salad Fruit Cocktail Fruit	10 CLOSED 
13 Hamburger Patty Broccoli Lima Beans Wheat Bun Tomato Slice/Lettuce Fruit Cocktail	14 Chicken Parmesan Spinach Oven Roasted Potatoes Pea Salad Fruit Applesauce	15 Turkey Tetrazzini Corn Green Beans Spinach Salad Fruit Fruit	16 Beef Chile w/ Beans Rice Cinnamon Apples Cornbread Coleslaw Fruit	17 Roasted Chicken Carrots Cabbage Wheat Roll Three Bean Salad Fruit
20 Chopped Steak w/ Gravy Green Peas Cheesy Cauliflower Beets Fruit Carrot Raisin Salad	21 Pinto Beans Collard Greens Mac & Cheese Cornbread Marinated Vegetable Salad Fruit	22 Sliced Turkey & Dressing w/ Gravy Green Bean Casserole  Sweet Potatoes Broccoli Salad Wheat Roll Pumpkin Pie	23 <div style="border: 1px solid black; padding: 10px; text-align: center;"> Our Office will be CLOSED Thursday & Friday, Nov. 23 & 24 for Thanksgiving </div> 	
27 Baked Spaghetti Spinach Corn Beets Fruit Applesauce	28 Stuffed Peppers w/ Red Sauce Green Beans Carrots Italian Pasta Salad Fancy Apple Salad Fruit	29 Chicken Marsala over Egg Noodles Green Peas Cauliflower Fruit Spinach Salad Yellow Cake Square	30 Pork Loin w/ Pineapple Glaze Turnip Greens Stewed Apples Wheat Roll Sweet & Sour Coleslaw Carrot Raisin Salad	